

# Start the conversation to start the relief



You want relief from itch, but where do you start? Print and fill out this Dermatologist Discussion Guide to get the conversation going.

**It's not just about itch intensity**—it's also about how itch can persist and affect so many parts of your life. It can be relentless, affecting work, relationships, social activities, self-esteem, and sleep.<sup>1,2</sup> You deserve healing you can really feel, both outside and in. To help explain the full impact of your itch to a dermatologist, consider the questions below.

## HOW ITCH AFFECTS MY DAYS AND NIGHTS

Select the response that best represents the impact itch has on your life.

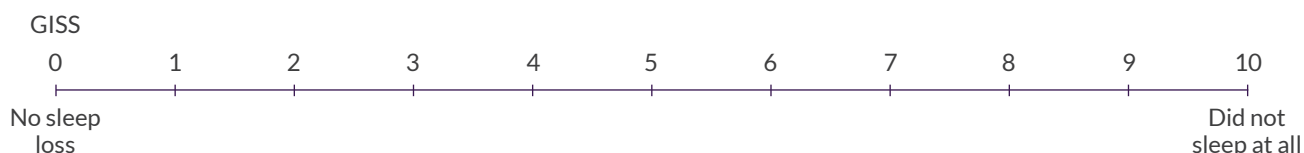
1 | How would you rate the intensity of your itch in the last 7 days?



2 | How often were you affected by episodes of intense itch in the last 7 days?



3 | How would you rate your sleep loss in the last 7 days?



GISS=Galderma® Itch Severity Scale.

### Important Safety Information

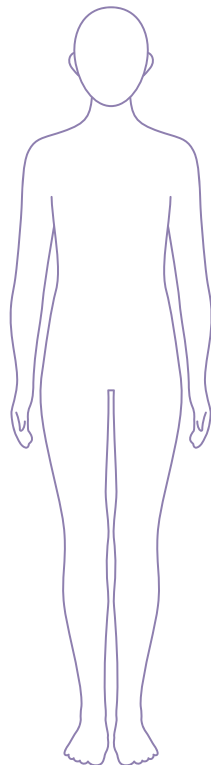
**Indication:** NEMLUVIO® (nemolizumab-ilto) is a prescription medicine used to treat adults with prurigo nodularis.

**Please see Important Safety Information throughout, accompanying full Prescribing Information including Patient Information, or visit [nemluvio.com](http://nemluvio.com).**

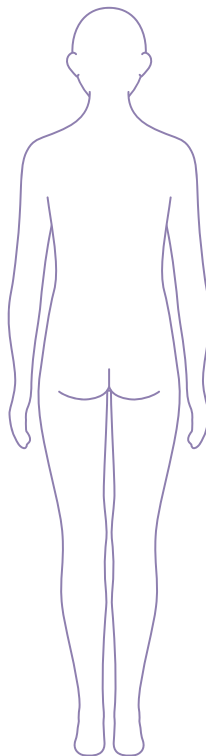
## HOW ITCH AFFECTS MY DAYS AND NIGHTS (CONTINUED)

### Where does itch affect you most?

Circle the areas of your body where your skin is affected by intense and/or persistent itch. Then, share this with a dermatologist to help you discuss your biggest concerns.



FRONT



BACK

Please describe how itch disrupts your life (things like work or school, social or leisure activities, relationships, self-esteem, etc).

---

---

---

### Important Safety Information

**Contraindication:** Known hypersensitivity to NEMLUVIO or any ingredients in NEMLUVIO.

**Warnings/Precautions:** Hypersensitivity reactions have been reported with NEMLUVIO use. You should not receive a live vaccine right before or during treatment with NEMLUVIO.

Please see accompanying full Prescribing Information, including Patient Information or visit [nemluvio.com](http://nemluvio.com).



## MY TREATMENT GOALS

I would like a treatment option that helps provide (check all that apply):

- Fast and lasting itch relief
- Lasting skin clearance
- Fewer sleepless nights
- Convenient dosing and storage

Based on the way itch affects your days and nights, what are some other goals you have for treatment?

---

---

Do you have any feedback about treatments you've tried before (side effects, dosing schedule, not seeing the results you were hoping for, itch that just won't stop, etc)?

---

---

If you were enrolled in a patient support program while taking treatment, were you satisfied with the level of support you received? If not, are there areas in which more assistance would be beneficial?

---

---

**Additional Notes**

---

---

### Important Safety Information

**Adverse Events:** Most common side effects of NEMLUVIO include: headache, skin rashes: atopic dermatitis (a type of eczema), eczema, and eczema nummular (scattered circular patches).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please see accompanying full Prescribing Information, including Patient Information or visit [nemluvio.com](http://nemluvio.com).



# Could NEMLUVIO be the right option for you?



As soon as 48 hours,\* NEMLUVIO® relieves itch fast with skin healing that lasts—so you can have better days and nights.<sup>3,4</sup>



Scan the code to explore more at [nemluvio.com](https://nemluvio.com)

\*Data from post-hoc descriptive analysis of daily Peak Pruritus Numerical Rating Scale improvement. About half of adults using NEMLUVIO achieved significant itch relief by Week 16 (49% vs 16% with placebo).<sup>3,4</sup>

**References:** 1. Ludman P. Prurigo nodularis. American Academy of Dermatology Association. Updated September 14, 2021. Accessed June 18, 2024. <https://www.aad.org/public/diseases/a-z/prurigo-nodularis-symptoms> 2. Williams KA, Roh YS, Brown I, et al. Pathophysiology, diagnosis, and pharmacological treatment of prurigo nodularis. *Expert Rev of Clin Pharmacol.* 2021;14(1):67-77. 3. NEMLUVIO (nemolizumab-ilto) injection 30 mg Prescribing Information. Dallas, TX: Galderma Laboratories, L.P.; August 2024. 4. Galderma Laboratories, L.P.; data on file.

## Important Safety Information

**Indication:** NEMLUVIO® (nemolizumab-ilto) is a prescription medicine used to treat adults with prurigo nodularis. **Contraindication:** Known hypersensitivity to NEMLUVIO or any ingredients in NEMLUVIO.

**Warnings/Precautions:** Hypersensitivity reactions have been reported with NEMLUVIO use. You should not receive a live vaccine right before or during treatment with NEMLUVIO. **Adverse Events:** Most common side effects of NEMLUVIO include: headache, skin rashes: atopic dermatitis (a type of eczema), eczema, and eczema nummular (scattered circular patches).

You are encouraged to report negative side effects of prescription drugs to the FDA.

Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or call 1-800-FDA-1088.

**Please see accompanying full Prescribing Information, including Patient Information or visit [nemluvio.com](https://nemluvio.com).**

# GALDERMA

EST. 1981

©2024 Galderma Laboratories, L.P. All Rights Reserved. NEMLUVIO is a registered trademark of Galderma.

US-NMO-2400125 08/24